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Independent Study & Mentorship

Speice 2A

September 30, 2016

Stepping Out of my Comfort Zone

Weekly Report 9/26 to 10/2

As I conducted two interviews this week that were similar career-wise but with two very different personalities and goals in life, I was able to contrast both pharmacists about what the daily duties of their jobs pertain to and what steps in their education did they take to get to where they currently are. These interviews were valuable to my individual process in ISM as I discover what qualities I am looking for in a potential mentor and how to better my cold calls and professionalism in the interview. I felt challenged this week to make myself more social and present myself as outgoing and a dependable person and also create a life plan that one of my interviewees recommended me to do.

One thing I wish to improve upon is not nodding my head monotonously to their response of my question and instead pause at moments and asking questions that would show my interest for this field and get the most out of my interviews. The interview I had at Drug Crafters was more knowledge-based as Ms. Thompson expanded into her experience into the field and the education that she had to reach the point to where she is at. Because she has had experience in a retail field and her clinical position as pharmacy manager at her current job, I was able to take a lot of notes about how she manages her time with family and work. She said that she appreciates the regular hours of working clinically, but liked the opportunity to connect with her

patients in retail. Being a pharmacist requires a lot of time investment and learning requirements. This is beneficial to me as I plan to balance my future career with social obligations.

In my other interview this week with Mr. Ye at CVS Pharmacy, I was able to receive a variety of life advice as he had graduated from pharmacy school last May and recommended me to create a life plan to map out in order to establish my goals and priorities for the future. By putting school first and guarantee a good education now, will make my career easier as I have a strong foundation to build off of. His youth and ability to become a pharmacist so quickly shows his innovation and the general passion the pharmacists have for their jobs and helping others.

This week has helped me see the true potential that the advancement of science has towards creating a better environment towards patients. I hope to begin my fourth research assessment this week where I am able to learn some content that can become a base for my growth in this field as math and science are so pertinent to the study of pharmaceutical sciences. This is what truly excites me about this field as I am able to study something that I am passionate about and that gives back to the community with new advancements every single day. While interviewing more people this next week, I hope to understand their true motivation for wanting to become a pharmacist and the reason for them to continue working in the same expertise.