Taylor Blackburn

Independent Study & Mentorship

Speice 2A

February 6, 2017

Original Work Speeches

Weekly Report 1/30 to 2/5

This week I prepared for my original work speech and organized my Prezi from my previous research speech. This speech helped me remember everything I have learned and to convey that information to my peers. One aspect that I value a lot from speeches is the feedback that I receive and advice so that I can better my presentation and improve my body language. One constant problem that occurs whenever I have to speak in front of large audiences is my nerves. I attempt to calm myself down as I try to remember that each speech helps me practice for final presentation night.

Jodi Picoult said that "Anxiety's like a rocking chair. It gives you something to do, but it doesn't get you very far." Some ways I have thought to improve this stage fright is by doing the power poses that we learned the first week in ISM and practicing my speech at least once a week to stay refreshed through the rest of the year. I know from this speech what is necessary to be successful, but I have to know what my limits are and working to eliminate them. I know that I know my material but I have to work on my ability to translate my research to my audience.